**Sample**

**N=200**

**Access (Journey; others?) and community recruitment**

**Self-report criteria for AUD, moderate severity (> 4 criteria)**

**Alcohol Abstinent between 1 – 8 weeks at Intake visit**

**WNL for Paranoid Ideation & Psychoticism on SCL-90**

**Willing to transfer phone number to our study iPhone**

**Study Timeline**

**5 in person visits**

**Screening**

**Intake (Month)**

**Follow-up 1 & 2 (Month 1 and 2)**

**Final visit (Month 3)**

**Real time monitoring for 3 months**

**Compensation**

**iPhone ($450)**

**3 months of unlimited voice, SMS, and data ($66 per month)**

**$20/hour for office visits ($170 - $230 across 5 visits)**

**Study participation (90%) bonuses**

**Carrying Your Cell Phone: $40 per month**

**Daily surveys: $25 per month**

**Wearing wristband: $15 per month**

**Sleep sensor: $15 per month**

**Moves app (location monitoring): $10 per month**

**Measures**

**1. Screening**

* **Demographics (11)**
* **Alcohol Use History (13)**
* **Self-report DSM Checklist**
* **Young Adult Alcohol Problems Test (27)**
* **WHO The Alcohol, Smoking and Substance Involvement Screening Test**
* **SCL-90 (90)**

**2. Intake**

* **Intolerance of Uncertainty Scale (27)**
* **Anxiety Sensitivity Index (18)**
* **Distress Tolerance Questionnaire (15)**
* **McMaster Family Assessment Device (60)**
* **Multidimensional Personality Questionnaire Brief Form (155)**
* **Complete Contacts and Risky/Protective Locations and Dates Form**
* **Penn Alcohol Craving Scale (5)**
* **Alcohol Abstinence Self-Efficacy Scale (20)**
* **Monthly Addiction Monitor (19)**
* **Depression Anxiety Stress Scale-21 (21)**
* **Hassles and Uplifts Scale (53)**
* **Quality of Life Questions (17)**
* **Dyadic Adjustment Scale (33)**
* **Multidimensional Scale of Perceived Social Support (12)**

**3. Follow-up visit #1**

* **Update Contacts and Risky/Protective Locations and Dates Form**
* **Penn Alcohol Craving Scale (5)**
* **Alcohol Abstinence Self-Efficacy Scale (20)**
* **Monthly Addiction Monitor (19)**
* **DASS21 (21)**
* **Hassles and Uplifts Scale (53)**
* **Quality of Life Questions (17)**
* **Dyadic Adjustment Scale (33)**
* **Multidimensional Scale of Perceived Social Support (12)**
* **Burden measure (31)**

**4. Follow-up visit #2**

* **Update Contacts and Risky/Protective Locations and Dates Form**
* **Penn Alcohol Craving Scale (5)**
* **Alcohol Abstinence Self-Efficacy Scale (20)**
* **Monthly Addiction Monitor (19)**
* **DASS21 (21)**
* **Hassles and Uplifts Scale (53)**
* **Quality of Life Questions (17)**
* **Dyadic Adjustment Scale (32)**
* **Multidimensional Scale of Perceived Social Support (12)**
* **Burden measure (31)**

**5. Final visit #3**

* **Burden Measure (31)**

**6. Real-time Data**

* **Morning Daily Ecological Momentary Assessment Survey (11)** 
  + <https://uwmadison.co1.qualtrics.com/SE/?SID=SV_bBGKAzNQeyXuN6Z>
* **3x Daily Ecological Momentary Assessment Survey (7)**
* **1X Daily Audio Check In (How are you feeling about your recovery today?) (1)**
* **GPS Location via Moves app**
* **Phone Call Logs (Incoming and Outgoing)**
* **Text Message Logs (Incoming and Outgoing)**
* **Text Message Content (Incoming and Outgoing)**
* **Movement (Accelerometer)**
* **Heart Rate**
* **Galvanic Skin Response (GSR)**
* **Skin Temperature**
* **Sleep Quality**
* **A-CHESS Usage Statistics**